

Thames Trek

24/25

Hello,

Thank you for being so interested in supporting the Soup Kitchen! Since 1986, Soup Kitchen London has been a valuable resource for the homeless, elderly, lonely and vulnerable. We are a secular organisation providing free nutritious meals, clothing, toiletries and a sense of belonging to nearly 200 people daily. In 2019, we launched Europe's first-ever on-site mental health drop-in centre within a soup kitchen to address our guests' mental health needs. With the help of hundreds of volunteers each year, we provide a nourishing meal in a safe and warm environment that welcomes everyone.

As an entirely privately funded organisation, we depend on individual and corporate donations, as well as grants and trusts, to support our guests. The current economic environment has heightened the many crippling aspects of homelessness and food poverty that no one should endure. Thankfully, because of our incredible supporters, we've provided an uninterrupted, critically needed service for four decades.

Get ready for the Thames Trek – a fantastic blend of team bonding and giving back! We invite you and your company to join us on an approximately 15-mile walk from the Royal Arsenal in Greenwich to London Bridge along the Thames Path. The trek, spanning about 5–6 hours, offers ample time to discuss the Soup Kitchen's mission, engage in conversation and foster team unity.

As we walk together along the Thames, each step you and your colleagues take symbolises a commitment to helping those who need our support. This journey isn't just about covering miles; it's about making a difference in the lives of so many vulnerable people. It's more than just a physical challenge; it embodies the spirit of unity, compassion and community! Let's walk with purpose, connect with each other and help make a positive change. We're excited to have you with us on this meaningful journey!

The Thames Trek promises to be memorable. Thank you again and please let us know if you have any questions or need additional information.

Warmest regards,

The Soup Kitchen London Team