

Our most needed foods

DONATIONS

- FRESH VEGETABLES
- FRESH FRUIT
- FRESH MEAT/PROTEIN
- PORRIDGE
- PASTA
- RICE
- PLANT-BASED MEAT
- UHT MILK
- UHT MILK ALTERNATIVES (ALMOND, OAT, SOY)
- TINNED TOMATOES
- TINNED BEANS
- TINNED VEGETABLES
- LENTILS
- SPREADABLE BUTTER
- SALT
- PEPPER
- BOTTLED DRINKS
- INSTANT COFFEE
- TEA
- DRIED HERBS
- DRIED FRUIT
- JAM
- PEANUT BUTTER
- SUGAR
- OILS (VEGETABLE, OLIVE)
- TINNED FRUIT
- STOCK POWDER

NOTES

- MUST BE IN-DATE AND UNOPENED
- CAN BE SENT DIRECTLY TO US
- BULK DONATIONS ACCEPTED



BE
KIND

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