

Soup Kitchen London offers nutritious food, clothing, toiletries, unprecedented mental health support and a sense of community to anyone who needs us. We are a secular & independent organization located inside the American International Church at 79A Tottenham Court Road in London.

- Open Monday – Saturday from 10:00 until 12:00 for a sit-down service.
- Open Monday, Tuesday and Friday from 18:00 until 19:00 for a takeaway service.
- Vegetarian and vegan options are available.
- Clothing and toiletries are distributed on alternate Mondays.
- A mobile library is available on Tuesdays between 10:00 and 12:00.
- A mental health drop-in clinic is available Tuesday and Thursday from 10:00 – 12:00.
- Our entrance is via Whitfield Street (W1).
- No registration is required; we are open to everyone.

Code of Conduct

- No alcohol, drugs, swearing or smoking is allowed at the Soup Kitchen.
- We cannot allow people in who are under the influence of alcohol or drugs.
- No aggressive behaviour will be tolerated.
- No bottles or weapons of any type are allowed.
- Please help us keep the Whitfield Gardens clean for everyone.
- Please follow the advice of staff and volunteers at all times.
- Please place your rubbish in the designated bins.
- There are no pets allowed except for qualified service animals.
- Please reuse your cups, bowls and plates.
- Please treat our staff, volunteers and your fellow guests with respect at all times.